

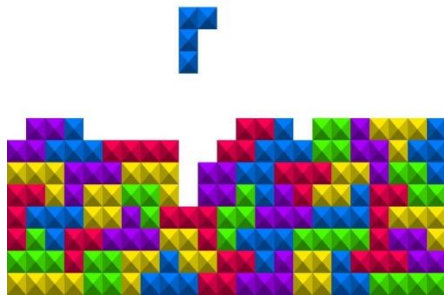
May 2023

It's been almost 6 months since my last newsletter – where does the time go?

Our Day to Day

As some of you are aware, Vanessa, Coordinator at Kingseat, has been on extended leave due to a nasty broken leg and then dovetailing into a previously booked trip home to see whanau in the UK. We have also added an additional short shift to the Kingseat roster and have had a couple of staff leave.

This combination has put a lot of pressure on the roster and the team has been amazing at filling the gaps. However, this is not sustainable, and we have been recruiting over the past 3-4 weeks. We cannot rush this process as it's just so important to ensure we do everything we can to get the best people on our team to support your loved ones. It can be quite a puzzle to solve at times!



There may have been some gaps in communication due to the above issues, but I assure you we're doing our best to make sure these gaps are addressed. Kamol is the acting Coordinator at Kingseat and we have rearranged some of our awesome House Leaders to alleviate some pressure. Again – the team is totally committed to making sure we have settled and fun homes.

The Sector

The rolling out of the Enabling Good Lives standards and the system transformation that corresponds with this is starting to gain some

momentum across Auckland. We are working closely with Whaikaha and other providers to ensure we are geared up for change. I would strongly encourage you to do some reading about what this means for the disability sector and consequently your loved ones. Here's a good place to start:

<https://www.enablinggoodlives.co.nz/>

These are the principles:

Self Determination	Beginning Early
Person Centered (Person-Directed)	Ordinary Life Outcomes
Mainstream First	Mana Enhancing
Easy to Use	Relationship Building

There is no doubt that the enabling good lives principles are relevant and important and the rollout nationwide has been a long time coming. We are excited to be champions of this change and will be advocating at every opportunity for the people the Trust supports.

Please get in touch if you would like further information.

Good News Stories

Several of the people we support have been exploring new opportunities related to work, learning new skills, and taking on new activities. Here's a bit of a sample:

- Attending MIT and securing paid work at a panel beater business
- Volunteering at a local foodbank
- Volunteering at op shops
- Country and Western regular functions
- Vocational activities and community engagement opportunities with Real World Living
- Rebuilding whanau relationships
- Excellent progress for some around building flexibility and resilience.
- Developing communication skills through technology
- Dance and drama participation



Innovative
Auaha



Responsive
Whakarongo kia whakaute



Empowering
Whakamana



Respectful
Kia whakaute

We continue to complete the annual 360° reviews which incorporate goal planning and there are some awesome ideas out there. We're excited to do all we can to support the achievement of people's goals.



We are hoping to arrange a combined blessing and opening of the new space and celebration of 30 + years as a Trust. We may have a mid-winter Christmas theme, but I will keep you posted as plans start taking on some form.

Looking for Board Members

We will be actively recruiting for Board members in the coming months. We would love to invite more whanau or friends of the people we support to join the Board.

The Board meets 11 times a year on a Tuesday evening. Please feel free to get in touch if you have any interest in joining the Board or have any questions.

Our New Office & Dream Space

We have finally moved out of a rather dingy and ultimately sodden garage/office next door to our Kingseat property. The new space at 337A Clarks Beach Rd is *amazing*. While our office space is set up the wider space is where we get to dream about our future and is therefore a work in progress. We recently acquired a piano and have some furniture in place for meetings. The property has a commercial kitchen and accessible bathrooms, and the views are just extraordinary. Please feel free to come and visit and we can dream together.

Strategic Planning

The Board and Leadership Team have been working hard on defining our vision and values, and work on our strategy and we are getting very close. We have engaged an external organisation to assist us with this process and have been able to invite the wider team into some of the discussions. Family/whanau and staff involvement will grow as some of the foundational work is completed. As mentioned, the changes in the sector will present opportunities and challenges, so the time is right to be concentrating on the next phase for the Trust.



My apologies for the delay between newsletters. Please feel free to get in touch at any time.

ehara taku toa i te toa takitahi, he toa takitini' –

my strength is not as an individual but as a collective.

Bernadette and The Leadership Team



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Responsive

Whakarongo kia whakaute



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Kia whakaute